

LOCAL FORM TITLE WS-RENAL (Renal Stone Worksheet)																							
REQUIRING DOCUMENT <i>(Title and Number)</i> Aeromedical Reference and Waiver Guide		ISSUANCE DATE 30 August 2015																					
Submit this completed form, electronic Aeromedical Summary and current physical exam to NAMI Code 53HN via AERO. If desired, contact NAMI Code 53HN to expedite processing.																							
URINALYSIS Culture (no growth)	BLOOD CHEMISTRIES Calcium 9-10.5 mg/dL Creatinine < 1.5 mg/dL Electrolytes normal limits Phosphate 3-4.5 mg/dL Uric Acid M: 2.5-8 mg/dL F: 1.3-6 mg/dL Intact-PTH (optional) 10-60 pg/mL 1,25-di-OH-vitamin D2 (optional) 25-45 pg/mL																						
24 HOUR URINE CHEMISTRIES																							
<table style="width: 100%; border: none;"> <tr> <td style="text-align: right;">Calcium</td> <td style="text-align: left;">< 300 mg/24h</td> </tr> <tr> <td style="text-align: right;">Creatinine</td> <td style="text-align: left;">< 1.6 g/24h</td> </tr> <tr> <td style="text-align: right;">Phosphate</td> <td style="text-align: left;">400-1300 mg/24h</td> </tr> <tr> <td style="text-align: right;">Citrate</td> <td style="text-align: left;">>320 mg/24h</td> </tr> <tr> <td style="text-align: right;">Sodium (optional)</td> <td style="text-align: left;">40-220 mEq/L/24h</td> </tr> <tr> <td style="text-align: right;">Potassium (optional)</td> <td style="text-align: left;">25-125 mEq/L/24h</td> </tr> <tr> <td style="text-align: right;">Oxalate</td> <td style="text-align: left;"><75 mg/24h</td> </tr> <tr> <td style="text-align: right;">Uric Acid</td> <td style="text-align: left;">< 800 mg/24h</td> </tr> <tr> <td style="text-align: right;">pH</td> <td style="text-align: left;">4.5-7</td> </tr> <tr> <td style="text-align: right;">Total Volume</td> <td style="text-align: left;">1 liter minimum</td> </tr> </table>				Calcium	< 300 mg/24h	Creatinine	< 1.6 g/24h	Phosphate	400-1300 mg/24h	Citrate	>320 mg/24h	Sodium (optional)	40-220 mEq/L/24h	Potassium (optional)	25-125 mEq/L/24h	Oxalate	<75 mg/24h	Uric Acid	< 800 mg/24h	pH	4.5-7	Total Volume	1 liter minimum
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IVP or imaging RESULTS: No retained stones.																							
STONE ANALYSIS:																							
With your digital signature, you are certifying that all above is true. Errors/omissions may be brought to attention of your clinical supervisor and/or privileging authority.																							
Flight Surgeon digital signature:		Any other comments should be included in discussion section of AERO AMS. If any value (except optional measurements) falls outside of reference ranges above, <u>WNR</u> .																					
LBFS <u>not</u> authorized for any episode of renal stone.																							
Date		Name																					
Aviation Duty		DOD ID #																					